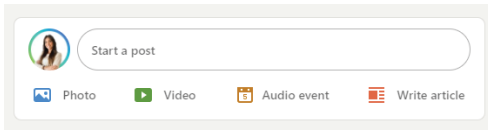
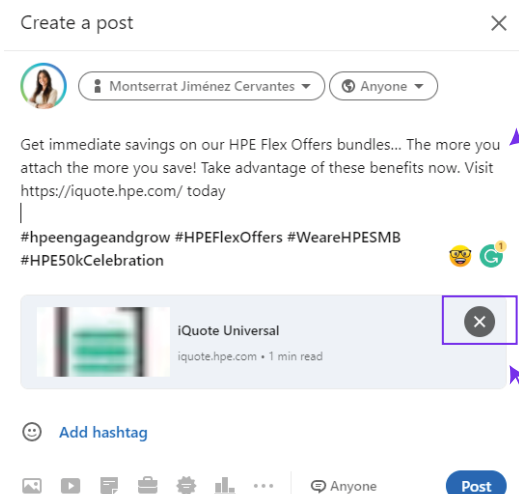


How to make a post?

1) Click on Start a post

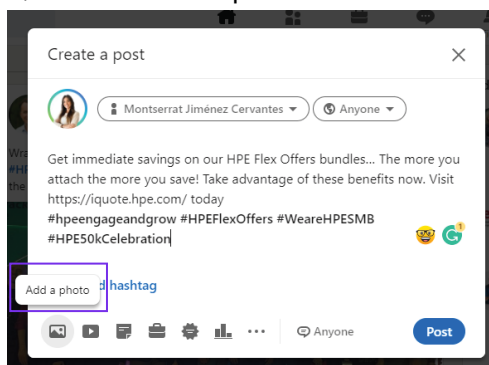


2) Copy and paste the text provided in the "Copy PDF"

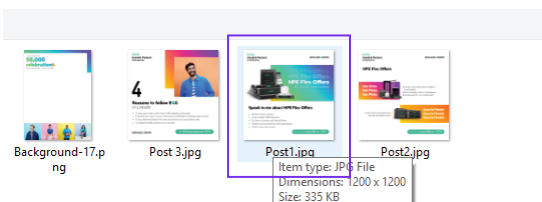


3) Click on the "x" to get rid of the link

4) Click on "Add a photo"



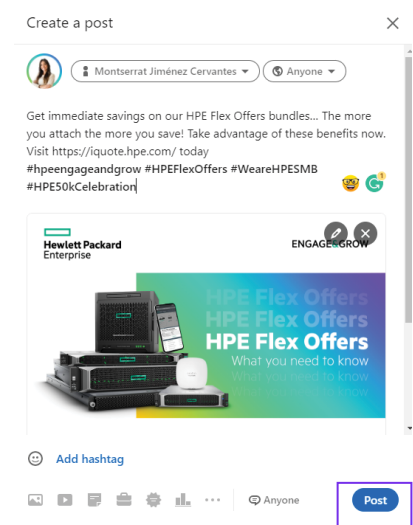
5) Select the image that corresponds to the copy and # of the post



6) Click on "done"



7) Once it all looks good, click on "Post"



8) Once it is live:

- click on the "3 dots"
- copy the link
- Submit the link on the microsoft form

